

## PASTRIES

**CROISSANT \$6**

**ALMOND CROISSANT \$7**

**CHOCOLATE CROISSANT \$7**

**BAGEL \$6**

**SCONE \$6**

**ENERGY BAR \$5**

**COOKIES \$4**

**CINNAMON ROLL \$8**

**BANANA BREAD \$6**

**BROWNIE (GF) \$6**

**CARROT CAKE MUFFIN (GF) \$6**

**VEGAN BLUEBERRY MUFFIN \$6**

**FRENCH TOAST MUFFIN \$6**

## BREAKFAST

**AVOCADO TOAST \$15**

12 grain, Keauhou avocado,  
kalamata olives, feta cheese

**CROISSANT SANDWICH \$12**

Ham, Swiss & egg

**BREAKFAST BURRITO ✕ \$14**

Flour tortilla, scrambled eggs, cheddar cheese  
Portuguese sausage, tomato & onions

**FRESH FRUIT**

**Melons \$10 | Berries \$12**

**1/2 Papaya \$6**



**BAGEL SANDWICH ✕ \$14**

Scrambled eggs, cheddar cheese & bacon  
on a toasted plain bagel

**BAGEL & SMOKED SALMON ✕ \$22**

Cream cheese, capers, onions, plain bagel

**BREAKFAST PANINI ✕ \$14**

Sausage, scrambled eggs & cheese on an English Muffin

**EGG WHITE WRAP (V) ✕ \$12**

Whole-wheat tortilla, egg whites, cheddar,  
spinach, roasted red peppers

**QUICHE ✕ \$8**

Choice of **Spinach, Onion, Mushroom (V)** or **3 Cheese & Ham**

## CUPS & BOWLS

**COCONUT CHIA PUDDING (VGN, GF) \$10**

Choice of: **Blueberries,**  
**Strawberries** or **Banana**

**OVERNIGHT OATS W/FRUIT (VGN) \$10**

Rolled oats, flax seed chia & almond milk

**YOGURT PARFAIT (V, GF) \$10**

Layers of yogurt, fruit, and granola topped with your  
choice of **Honey** or **Agave**

**THE CLASSIC ACAI BOWL (VGN, GF) \$17**

Acai sorbet, strawberries, banana  
blueberries, topped with house-made granola, coconut & agave

**PB&J ACAI BOWL (V, GF) \$17**

Acai sorbet & peanut butter topped with  
house-made granola, banana, honey & chia seeds

**POWER COCO ACAI BOWL (V, GF) \$17**

Acai sorbet blended with coconut water, spirulina & protein powder  
topped with house-made granola, banana, coconut flakes & chia seeds

## LUNCH

All sandwiches & wraps are served with a **PICKLE WEDGE** & bag of **CHIPS**

### SANDWICHES

**TUNA MELT \$17**

Tuna, celery, apple, mayo, with  
provolone cheese on 12 grain

**ROASTED TURKEY HOAGIE \$17**

Roasted turkey, lettuce, tomato, shaved  
red onion, mayo, red wine vinaigrette  
pepperoncini & provolone

**ROAST BEEF SANDWICH \$18**

Roast beef, Muenster cheese, lettuce,  
tomato, Pommery mustard, Telera roll

**EGG SALAD ✕ \$14**

Egg salad (V) with lettuce  
on whole wheat

**GRILLED CHEESE SANDWICH (V) \$12**

Swiss, cheddar, Muenster on sourdough

**PESTO CHICKEN PANINI \$18**

Roasted chicken, tomato & basil,  
buffalo mozzarella on Ciabatta

### WRAPS

**CHICKEN CAESAR ✕ \$15**

Baby romaine lettuce, chicken &  
Parmesan cheese with  
Caesar Cardini dressing

**CHICKEN CURRY \$15**

Mixed greens, yellow curried chicken  
& papaya

**TURKEY CLUB ROLL UP \$16**

Roast turkey, Applewood smoked bacon,  
lettuce, tomato, avocado, chipotle aioli

**CHALLAH DOG \$12**

Eisenberg Kosher beef, challah braid

### SALADS

**ASIAN CHOP ✕ \$20**

Mixed greens, cabbage, grilled chicken &  
crispy wontons with a creamy soy dressing

**CAESAR (GF) ✕ \$20**

Grilled lemon chicken  
crisp baby romaine, Parmesan cheese  
with Caesar dressing

**SOUTHWEST COBB (GF) \$22**

Blackened chicken breast, romaine  
black beans, corn, grape tomato, green  
beans, avocado, pepper jack cheese,  
red pepper ranch dressing

**TOFU SALAD (GF) \$10**

Firm tofu, mixed greens, cucumber,  
grape tomato, green onions,  
kimchi sauce, sesame seeds

**GREEN TEA NOODLE SALAD (V) \$18**

Green tea noodles, mixed greens, cabbage,  
carrots, green beans, grape tomato,  
cucumber, jalapeño, peanuts  
with a soy vinaigrette

✕ Item is travel friendly

(VGN) Vegan

(V) Vegetarian

(GF) Gluten Free